



Group Guide 11/11/18

Series: GRASPING FOR GRATITUDE

Message: **#2 GRATEFUL FOR THE BLESSINGS**

Start Talking:

- What are 2 blessings God has given you that you are unbelievably grateful for?
- Why do you think it's so hard to be grateful a lot of the time?

Start Thinking:

- Have you ever recorded your blessings on paper before? Why or why not? If you have, did you notice any change in your attitude?
- How do you express gratitude towards God? How do you express gratitude towards others?
- Why is COMPARISON such a killer of GRATITUDE? Have you ever compared what you have to someone else? How did that affect you?

Start Digging:

Read **1 Thessalonians 5:18**

- Why do you think it's God's Will that we give thanks?
- How do you see the connection between giving Thanks to God and your own discipleship (following Jesus)?

Read **James 1:16-17**

- In this context, what kind of deception is James warning us against here?
- How have you been deceived in thinking about where your blessings have come from?
- What connection do you think James is making between knowing that our gifts come from God and pointing out God's character not *changing* like shifting shadows? Why is this important?

Start Challenging:

- Be honest, will you commit to creating and maintaining a BLESSINGS BOOK this year? What can you do to remind yourself to DO this practice daily?
- Do you think it's important to RECORD your blessings from God? Why or why not?
- What do you think the outcome of recording your blessings might be?

Spend time praying together:

Pray for each member of your group to be committed to cultivating GRATITUDE for what God has given them! Pray for protection against comparison!